



Junk Mail Awareness Month

October is junk mail awareness month. In order to reduce the amount of unwanted junk mail your household receives, you must contact the following organizations to reduce or end the amount of unsolicited mail you receive:

Catalogs, Magazines, Telephone directories, Misc. mail

Catalog Choice

<https://www.catalogchoice.org>

Credit Card & Insurance Offers

OptOutPrescreen

<https://www.optoutprescreen.com>

1-888-567-8688

National Mailings

Direct Marketing Association

<https://www.dmchoice.org>

(212) 768-7277, ext. 1888 *(for inquiries)*

Did you know. . .

On average, every person in the U.S. receives more than 500 pieces of junk mail annually, in which nearly 50% goes directly into the trash or recycle bin without being opened.

To learn more about all junk mail opt-out options available nationwide, please visit the Privacy Rights Clearinghouse at

<https://www.privacyrights.org> and click on the link titled, *Junk*

Mail/Faxes/E-mail

